

Beautiful Me

Help children pick crayons or colored pencils that accurately show their skin, hair, and eye color, and draw themselves. Ask, "What makes you, you?" Around their drawing, help children write:

- Descriptions of their racial, ethnic, and cultural identity; for example: African American, Black, biracial, Cherokee, Japanese American, Irish American, Jewish, Muslim, Puerto Rican, White.
- Words that describe their skin color.
- Traditions and heritage, including places their families call "home."
- Finally, write about what makes them special.

