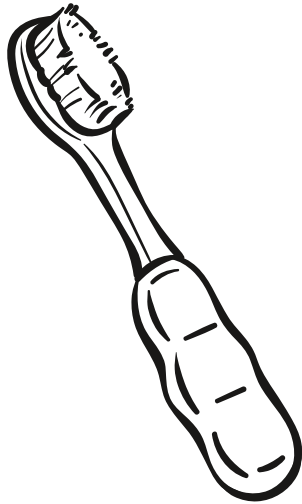


Good Night!

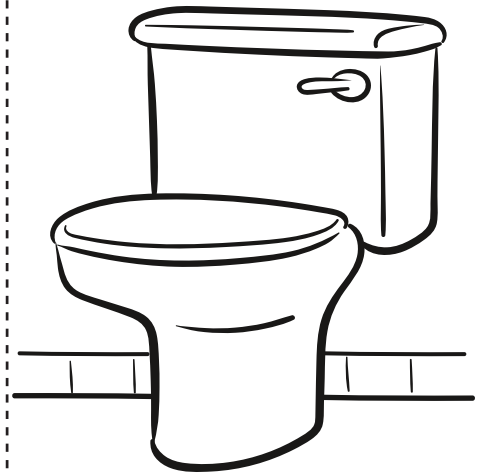
Children can color the cards. Cut them apart and paste them to a large sheet of paper to reflect your child's bedtime routine and help make it more predictable. Make (or leave out) as many as you need in order to personalize how it's done: you might add "sing a song," "look at the moon," or any other steps. Hang the poster in your child's room.



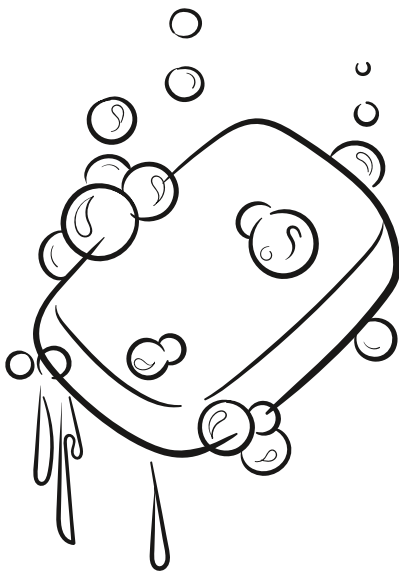
Brush teeth



Put on pajamas



Use toilet



Wash up



Read story



Get a hug or kiss