Now more than ever, families are using shared spaces for many purposes, throughout the day. This can be frustrating for both children and caregivers. To help manage these big feelings with your child, go through your shared spaces and talk about expectations for each one.

Discuss and fill in for each space:

**WORKING SPACE**
- What do I do here?
- What is something I cannot do here?

**LEARNING SPACE**
- What do I do here?
- What is something I cannot do here?

**QUIET SPACE**
- What do I do here?
- What is something I cannot do here?

**PLAYING SPACE**
- What do I do here?
- What is something I cannot do here?