I Can Stay Safe

When talking to children about adults they can trust to help them stay safe, consider sharing these points: A safe adult is there when you need them for help with any kind of trouble. They don’t ask you to keep secrets, they don’t get angry when you talk about your feelings, and it’s important to know how to reach them!

My Safe People

That’s Who I Call!

You can help yourself remember a phone number of a safe grown-up by singing the numbers to the tune of “Twinkle, Twinkle, Little Star” and end the song with “that’s who I call”!

__________’s number is:

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… that’s who I call!