

Bounce Back

You're resilient and you're strong
And you can sing yourself a song
When you need to stay on track
You can learn to bounce back... bounce back!

You can bounce back... in your head and in your heart
You can bounce back! You can play a big part
Say "I can bounce back" (I can bounce back!)
When you're missing a friend
When you're worried that this won't end... bounce back!

When everything keeps changing,
you can bounce back!
When plans keep rearranging,
you can bounce back (I can bounce back!)
When adults are feeling stressed,
and things aren't the best... bounce back!
I am strong! I am brave! Elmo is resilient!
(Yeah, Elmo CAN bounce back!)



Let's bounce, let's bounce! Bounce back from problems big
Let's bounce, let's bounce! Bounce back from problems small
We will bounce back
Bounce back like you're a giant bouncy ball... let's go!
We're resilient and we're strong, and we can sing a little song
When we need to stay on track, we can learn to bounce back!
We can bounce back...

Bounce back!