It’s Time to Wash Your Hands!

Handwashing helps keep germs away. It’s important to wash your hands throughout the day, before and after everyday activities. **Color in the pictures below**, then talk about other times when you need to wash your hands.

- after you cough
- after you sneeze
- before cooking
- before you eat
- after playing
- after being outside

Talk together with kids: “**Why and when is it important to wash your hands?**”