It’s Time to Wash Your Hands!

Handwashing helps keep germs away. It’s important to wash your hands throughout the day, before and after everyday activities. Color in the pictures below, then talk about other times when you need to wash your hands.

- after you cough
- after you sneeze
- before cooking
- before you eat
- after playing
- after being outside

Talk together with kids: “Why and when is it important to wash your hands?”