You Can Count on Me

Big transitions like going to school can be easier when children know they always have a helping hand.

Trace your hand, then trace your child’s hand within yours. Invite your little one to color in both.

Together, count the number of fingers on your hands as you write numerals on each. As you count each of your child’s fingers, say something positive about your child, such as, “You are helpful to your brother” or “You are brave.” Read this poem aloud:

1, 2, 3, 4, 5, 6, 7, 8, 9, 10.
Count on me again and again.
My fingers are big, your fingers are small.
But together, we can do it all!
My Family Portrait

When your child begins school, your whole family becomes part of a learning community. To help your child’s teacher get to know your family, help your child draw a family portrait on this page and share the answers below with his teacher.

Names of people in my family: ____________________

Things we like to do together: ____________________

Language(s) we speak at home: ____________________

Words that describe my family: ____________________

What I like best about my family is: ____________________

Something important you should know about my family is: ____________________

For more resources, go to SesameStreetInCommunities.org
# Caring Conversations

Print out and share this resource with the families of children who will be in your care!

<table>
<thead>
<tr>
<th>PARENT’S NAME</th>
<th>CHILD’S NAME</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>CONTACT INFO</th>
<th>Phone / Text</th>
<th>Email</th>
<th>In Person (time)</th>
<th>Other:</th>
</tr>
</thead>
</table>

## What are the languages spoken at home?


- 

## What are the important holidays?


- 

## What excites your child?


- 

## What are customs and traditions you value?


- 

## When and how are they celebrated?


- 

## What upsets your child?


- 

## What are 3 goals you have for your child this year?

1. 
2. 
3. 

## Is there anything else that you’d like me to remember?


- 

For more resources, go to [SesameStreetInCommunities.org](https://SesameStreetInCommunities.org)
The 3 W’s of Learning

Use these strategies to support curiosity in children!

WATCH.
What triggers, delights, and interests?

WAIT.
How does a little one explore and react to things in their environment?

WONDER.
How do I use what I’ve observed to create opportunities that support curiosity?