

We Got This: A “Together Poem”

Read this aloud!

- Parents read the lines with the picture of the adult’s face.
- Then, together, parents and children read the lines with the adult’s and child’s faces.



I’ll take care of you. Things will change, it’s true.
It’s me and you, you and me. And...



We got this.



Me and you. You and me. Breathing deep and stretching tall.



We got this.



Me and you. You and me. Remembering it’s not your fault.



We got this.



Me and you. You and me. Finding help and having hope.



We got this!



Me and you. You and me. Hugging tight and holding close.



We got this!



Me and you. You and me. Remembering it’s not forever.



We got this!!



Me and you. You and me. Getting through this all together.



WE GOT THIS!!!!