tooth café

Hello everyboddee! Welcome to the Tooth Café, where teeth love to eat. I, cute and furry Grover, will be your waiter. Which crunchy fruits and vegetables would you like to order today? They all look delicious, do they not? They keep teeth and bodies healthy, too! Color them all.

Grown-Ups: Try This at Home!

You and your child can try your own “crunch test.” Sample a few tooth-friendly fruits and vegetables such as the ones on this page. Which gets the loudest crunch?