

# Elmo's Rainbow Hug Card

Here's a big, warm, colorful hug from Elmo! Hugs always make Elmo feel better, and thinking about rainbows makes him feel happy. Think about what makes you feel safe and happy. Color in the card and fold the page along the dotted lines. Then, help Elmo share rainbow hugs with your family, friends, and helpers. Don't forget to give a big hug to yourself, too!

